



Templo Shaolín de México A.C.
USA Shaolin Temple Branch
www.KungFuLegacy.org



2011 Anual Shaolin Retreat

Dear Friend:

You know him well! You've seen him on Discovery Channel and National Geographic, Time magazine calls him the prodigal son of the Shaolin Temple, People and Arts Channel: "The number one martial art," Stan Lee and the History Channel Superhuman "The Shaolin Monk that has left them all behind! ", He just calls himself the most handsome Monk in the world.



Sifu Shi Yan Ming is back in his temple in Mexico like every year and this time visits from July 7-10 to offer a Martial Arts Retreat with Shaolin Kung Fu, Tai Chi and Qi Gong (Chi Kung) with food and lodging included.

On this occasion we wish to send you a cordial invitation to join us at the annual retreat with Shi Yan Ming, a chance to taste the real Shaolin martial art from the hand of its most important exponent of the world.

The retreat will be held from 7 to July 10, 2011 in Cuernavaca Morelos, find more information attached to this document and we are at your service for any questions at tel: (55) 56 73 56 82

We look forward to your presence!

Shi Yan Ming 2011 Annual Retreat

Questions and Answers

How much does it cost ?

The cost of the retreat is 450.00 USD , includes lodging and meals for the days of the seminar and Diploma. Payment must be made no later than Friday, July 1, 2011, the last day for registration for the seminar. You can pay by credit card debit card (VISA or MasterCard), cash or online with any card on our website.

Special promotion for Teachers with legally established school; teacher who bring 5 or more students gets his place for free, lodging and food included, this is paying 5 students and the teacher goes free .

How to register?

You must download the registration form and rules from our Web page (attached at the end of this document), fill it, sign it and email it to info@kungfu.com.mx or you can fax it to (52)(55) 56-73-56-82 and a copy of an official identification on both sides. All this at the latest on Friday July 1, remember that space is limited because we only have a number of rooms, so book your place soon. You must bring the original documents once you get to the seminar .

Where and when will be the retreat ?

In the Benedictine Monastery, located in the old road Cuernavaca - Tepoztlan, download a sketch from our website to reach more easily. The Retreat is Thursday July 7 at night to 10 July 2011

"I have no physical condition, or have never practiced this technique, can i go ?

Well that is most amazing and excellent than this to start! Cheer up! receive all kinds of people from beginners to experienced teachers.

Am I a vegetarian diet includes meat?

The diet of retreat is 90% vegetarian and there are two types of meat for those who eat meat.

What should I wear, I can wear my uniform?

Of course, you can wear the clothes you want while you're comfortable in it.

Do I have to share a room?, "I can not stay alone?"

The price is sharing a room with one or two people, each room has two or three beds and will accommodate the participants in the order they are listed. If you come with a friend or colleague and want to stay together let us know to accommodate you together, if you want a individual room for yourself will incur an extra charge of 100 USD for the whole weekend, we have only 15 individual rooms so this is subject to availability.

Can I bring my camera?

Yes you can bring a photo camera, not video camera, and you can take photos if you like, just remember that it is forbidden to take photos in class. And it is forbidden to photograph the teacher. You can take photos on the last day of the retreat in the diplomas ceremony no problem.

What language will be taught the course?

In English with simultaneous translation into Spanish.

If you have more questions you'd like answered or want a full schedule of the weekend we are at your command in the Shaolin Temple BC Mexico Tel: (52)(55) 56-73-56-82 in Mexico City. See our Web www.KungFu.com.mx or you can write to info@kungfu.com.mx

Program of Activities

Attendee Registration:

Thursday July 7 from 17:00 hrs until 19:00 hrs, where rooms were assigned and explain the final schedule of activities and schedules and be invited to the opening dinner.

7:00 pm Welcome Dinner for the participants, with live music and projection of the National Geographic documentary "The Monks of Kung Fu"

Activities, Friday

5:45 to 7:00 a.m. Basic training and exercises
7:30 to 9:00 a.m. Breakfast
9:30 to 12:00 p.m. Class with SiFu. Tai Chi and Qi Gong
1:00 to 3:00 PM Lunch
4:00 to 6:30 PM Class with SiFu . Shaolin Kung Fu
7:00 - 8:00 PM Dinner

Saturday Activities:

5:45 to 7:00 a.m. Basic training and exercises
7:30 to 9:00 a.m. Breakfast
9:30 to 12:00 p.m. Class with SiFu . Tai Chi and Qi Gong
1:00 to 3:00 PM Lunch
4:00 to 6:30 PM Class with SiFu . Shaolin Kung Fu
7:00 - 8:00 PM Dinner

Sunday activities:

5:45 to 7:00 a.m. Basic training and conditioning exercises
7:30 to 9:00 a.m. Breakfast
9:30 to 12:00 p.m. Class with SiFu. Tai Chi and Qi Gong
12:30 - 1:00 PM Presentation of awards and closing ceremony
1:00 to 2:00 PM Lunch
3:00 to 5:00 PM Class with the teacher.

Shaolin Temple of Mexico AC RULES FOR EVENTS

GENERAL:

1. The provisions of these rules are compulsory for all students and teachers without exception.
2. It is the duty of teachers and students to uphold and enforce these regulations.
3. Practitioners and students, and parents or guardians, in the case of the minority, say they are aware that the practice of a martial art, the nature of this sport, can result in injury to themselves.
4. Under no circumstances allow smoking within the premises of the seminar
5. It is forbidden to consume alcohol and / or drugs in public places wearing the uniform of a school.
6. This regulation is subject to change and modification by the administration and students will be notified to you.

SPECIAL EVENTS:

9. At a special event such as seminar, conference or tutorial the person taking the class must comply with all points except the general regulation of the credential.
10. Practitioners must be submitted to the seminar without partners, with the exception of those who are minors, who may be escorted by a parent or guardian.
11. It is strictly forbidden to attend closed events with cameras, video or electronic images or able to record audio.
12. The diploma or certificate issued by the academy only supports attendance at the event, but not passing the exam (if any) or the quality of the practitioner.
13. Shaolin Temple of Mexico AC, reserve the right to refuse admission.
14. Not accept the assistance of persons:
 - a) not confirmed before the closing date of admissions.
 - b) disreputable or known misuse of martial arts.
 - c) not fully cover the cost of the event.
 - d) Legal proceedings are civil and / or criminal action against him.
 - e) Have any previous debit to the organizing committee.
 - f) that have not signed this regulation.
 - g) not maintain an attitude of coexistence and humility during the event.
15. Teachers and students who attend the events not to travel to any place other than those planned in the course of the event. Please do not insist
16. Shaolin Temple of Mexico AC, holds events at its facilities only private non-public at any time reserves the right to change these rules at your convenience.
17. You should always carry yourself that make your documents entitling him to attend the seminar, such as deposit slip, rules and entry form in original format.
18. Once at the event should always wear your badge in a conspicuous place, you are not allowed to enter the event if the badge holder.
19. It is forbidden to sell any product or engage in a commercial or promotion of events in the seminar and distributing propaganda of any kind.
20. We do not accept checks.
21. Must maintain a spirit of cooperation and friendly coexistence at all times.

I have read the rules and I agree with all points of it, so I wish to confirm my attendance to the event:

Name Signature

Annual Retreat 2011 with Shi Yan Ming
Pre-Registration Form
(Please complete in block letters)

Name : _____

Specify whether you are a teacher or your teacher's name (if accompanied): _____

Complete Address (include everything necessary to mail you, zip code and phone):

Phone with area code: _____ email: _____

How did you find out about the seminar
: _____ Age : _____

Attend company? (Who?):

Disclaimer

I _____, from nationality _____, adult, from profession or occupation: _____ and resident in the city of _____, GIVE DISCLAIMER from all claims, suits, causes of action losses, charges, damages, claims, liability or causes of action, legal or estate and in general any civil or criminal liability and damages and claims of third parties, which have had, has or had against the organization TEMPLO SHAOLIN DE MEXICO AC , its officers, professors, teachers, deputies, members, organizers and sponsors of events and activities related to the disciplines, classes, workshops or seminars within the premises of this institution or any place designated for such activities in understanding that I am aware of the risks and consequences involved in the physical and martial arts disciplines and I agree to participate and I declared I fully understand and accept them. Also I declare that I know the rules of the institution and agree to all of them. I declare that I am in perfect health, no medical restrictions or pre-existing conditions that impair or diminish my ability to exercise in this discipline to which I join, I do not use any type of prescription drug or substance whatsoever to health conditions of any order and in case of change that I undertake to notify the directors of that institution immediately, with the understanding that if the directors authorize my attendance or stay in the discipline will be my sole responsibility. I note that I am in a perfect state of my physical and emotional faculties, without suspension of my civil rights as I sign this RELEASE and agree without any constraint and under my own responsibility.

Name and Signiture